



BATH BOMBS

WHAT YOU NEED:

6 tablespoons baking soda the help of an adult
3 tablespoons citric acid ½ cup of water
3 tablespoons cornflour drop of food colouring
a drop of perfume, essence or essential oil
some moulds (recycled plastic containers or old chocolate moulds)

WHAT YOU DO:

Spoon the dry ingredients (baking soda, citric acid and cornflour) into a bowl and mix them together, squashing any lumps out of the mx.

In a small container mix the wet ingredients (water, perfume/essence/essential oil and food colouring)

Stir a spoonful of the liquid into the dry ingredients; then another. You will notice the mix fizzes. You'll also only need about three spoonful's of liquid as the mixture needs to be dry and crumbly.

Pinch some of the powder mixture together with your fingers. If it clumps together it's ready. Add a drop or two of water if it doesn't clump and a little sprinkle of cornflour if it's too wet.

Pack your moulds tightly with the mixture, then leave them to sit for about a day, on the window sill or in the hot water cupboard. You can gently tip the shapes out of the mould after a few minutes if you would like to make more of that shape.

Pop them into a container. Make a special card and - ta da you've got the perfect gift for Mother's Day or any day. You don't even need to have a bath. If you make the small enough you can pop them in a bucket of water while you soak your feet!

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